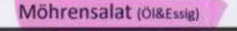
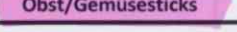
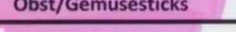
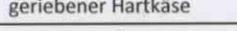
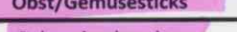
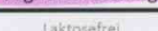
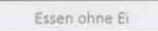
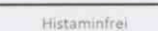
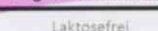
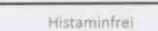


Der Rotbarsch ist ein Speisefisch. Fisch ist eine gute Wahl in der Ernährung, da er reich an hochwertigem Eiweiß ist, welches gut für das Wachstum und die Entwicklung ist.

|                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |        |  |                                                                                                                                                                                                                                                                                       |  |  |
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| <div></div> <div>Die Angebote/Komponenten mit dem DGE-Logo entsprechen dem „DGE-Qualitätsstandard für die Verpflegung in Kitas“ sowie dem „DGE-Qualitätsstandard für die Verpflegung in Schulen“ und wurden von der Deutschen Gesellschaft für Ernährung e. V. (DGE) als eine Menülinie zertifiziert.</div> |                                                                                                                                                                                                                                                                                                |        | KGS Erlenweg                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |        | <div> Geflügelfleisch</div> <div> Rindfleisch</div> <div> vegetarisch</div> <div> Fisch</div>                                                                                                                                                                                                            |        |  | <div> <b>IN VIA</b><br/>ESSEN FÜR KINDER</div> <div> <b>Bio</b><br/>nach EU Öko-Verordnung<br/>DE-ÖKO-006</div> |  |  |
| 9. KW                                                                                                                                                                                                                                                                                                                                                                                        | 23.02.2026                                                                                                                                                                                                                                                                                     | Anzahl | 24.02.2026                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Anzahl | 25.02.2026                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Anzahl | 26.02.2026                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Anzahl | 27.02.2026                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Anzahl |  |                                                                                                                                                                                                                                                                                       |  |  |
|                                                                                                                                                                                                                                                                                                                                                                                              | Montag                                                                                                                                                                                                                                                                                         |        | Dienstag                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |        | Mittwoch                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |        | Donnerstag                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |        | Freitag                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |        |  |                                                                                                                                                                                                                                                                                       |  |  |
| Menü I                                                                                                                                                                                                                                                                                                                                                                                       | <div></div> <div>Hackfleisch-<br/>Vollkornnudelauf<br/><small>(Rind, Tomate, Zucchini, Aubergine)</small></div> <div></div>  |        | <div></div> <div>weißer Bohneneintopf<br/><small>(Möhren, Sellerie, Lauch)</small></div> <div></div>                                                                                                                                                                                                                                                                                                                            |        | <div></div> <div>Kartoffel Kroketten</div> <div></div> <div>Sauerrahmdip</div> <div></div> <div>Rote- Bete- Salat</div> <div></div>                                                                                                                                                       |        | <div></div> <div>Tomaten-Reis-Auflauf<br/><small>(Tomate, Erbsen, Mais)<br/>mit Mozzarella überbacken</small></div> <div></div> <div>Tomatensauce</div> <div></div> <div>Blattsalat</div> <div></div>                                                                |        | <div></div> <div>gebratenes Rotbarschfilet</div> <div></div> <div>BIO Schnittlauchdip</div> <div></div> <div>Salzkartoffeln</div> <div></div> <div>Blattsalat</div> <div></div>                                       |        |  |                                                                                                                                                                                                                                                                                       |  |  |
|                                                                                                                                                                                                                                                                                                                                                                                              | Krautsalat (Öl&Essig)                                                                                                                                                                                                                                                                          |        | Fladenbrot                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |        |  |                                                                                                                                                                                                                                                                                       |  |  |
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| Menü II<br>vegetarisch                                                                                                                                                                                                                                                                                                                                                                       | <div></div> <div>vegetarischer<br/>Vollkornnudelauf<br/><small>(Soja, Tomate, Zucchini, Aubergine)</small></div> <div></div> |        | <div></div> <div>Semmelknödel</div> <div></div> <div>Käsesauce</div> <div></div> <div>Möhrensalat (Öl&amp;Essig)</div> <div></div>                                                                                                                            |        | <div></div> <div>vegetarisches Steak<br/><small>(Milch, Ei, Weizen)</small></div> <div></div> <div>Kräutersauce</div> <div></div> <div>Kartoffeln</div> <div></div> <div>Blattsalat</div> <div></div> |        | <div></div> <div>gefüllte Gnocchi<br/><small>mit Kräuterpesto</small></div> <div></div> <div>Tomatensauce</div> <div></div> <div>Blattsalat</div> <div></div>                                                                                                       |        | <div></div> <div>Gemüse "Donut"<br/><small>(Dinkel, Erbsen, Broccoli)</small></div> <div></div> <div>BIO Schnittlauchdip</div> <div></div> <div>Salzkartoffeln</div> <div></div> <div>Blattsalat</div> <div></div> |        |  |                                                                                                                                                                                                                                                                                       |  |  |
|                                                                                                                                                                                                                                                                                                                                                                                              | Krautsalat (Öl&Essig)                                                                                                                                                                                                                                                                          |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |        |  |                                                                                                                                                                                                                                                                                       |  |  |
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| Dessert                                                                                                                                                                                                                                                                                                                                                                                      | <div></div> <div>Obst/Gemüesticks</div> <div></div>                                                                      |        | <div></div> <div>Obst/Gemüesticks</div> <div></div>                                                                                                                                                                                                                                                                                                                                                                         |        | <div></div> <div>Obst/Gemüesticks</div> <div></div> <div>Balsamicodressing</div> <div></div> <div>Frenchdressing</div> <div></div> <div>Joghurtdressing</div> <div></div>                    |        | <div></div> <div>Vanillepudding</div> <div></div> <div>Balsamicodressing</div> <div></div> <div>Frenchdressing</div> <div></div> <div>Joghurtdressing</div> <div></div> |        | <div></div> <div>Obst/Gemüesticks</div> <div></div> <div>Balsamicodressing</div> <div></div> <div>Frenchdressing</div> <div></div> <div>Joghurtdressing</div> <div></div>                                   |        |  |                                                                                                                                                                                                                                                                                       |  |  |
| Salatsauce<br>Auswahl                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |        |  |                                                                                                                                                                                                                                                                                       |  |  |
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